

DAN and NAET Techniques

Kathryn Gunderson, MS/OTR/L-CNTP

DAN (Defeat Autism Now)

What is DAN and how can it help me and my child?

DAN (Defeat Autism Now) is a philosophy incorporating the use of various biochemical protocols for the treatment of Autism, spectrum disorders, sensory processing dysfunction, ADHD and autoimmune dysfunction. Each child or adult is treated based on their unique concerns and a full protocol is developed, which includes dietary changes, such as a gluten free/casein free diet or Specific Carb. Diet, which are two among many dietary philosophies, healing the gastrointestinal tract and immune system, addressing metabolic deficiencies and impaired detoxification and reducing overall inflammation.

It is important when using supplementation and incorporating dietary changes that you are working with a knowledgeable DAN Practitioner who can guide and provide the correct interventions to achieve profound lasting results for both you and your child.

NAET

What is NAET and how can it help with my allergies?

NAET stands for Nambudripad Allergy Elimination Technique. It combines Kinesiology and acupressure to identify and eliminate allergens. Dr. Nambudripad recognized that allergies are an imbalance in a person's energy, related to and triggered by exposure to or contact with an allergen and these allergens can be a significant contributing factor in a wide variety of health disorders. One can have an allergy to virtually anything and NAET can be used to effectively reprogram the body's response to any item, whether the allergy is genetic, physical, chemical, energetic or emotional. 80-90% of clients who consistently follow through with the recommended treatment are completely restored to health or experience a significant reduction in symptoms.